Many of us have spent a long time in lockdown and were unable to visit relatives and loved ones.

We have had personal hardships had to sacrifice quality of life and overall did not have an easy 2 to 3 years.

The covid measures where effective in reducing the spread of covid but studies suggest, that the prevalence of mental illness has increased significantly during the pandemic.

This can be attributed at least in part to the pandemic measures

We are going to take a look whether stringency in covid measures had an overall effect on the happiness levels of the world over 2020,21 and 22 and what role total covid deaths played in it.

Our idea was to look at those two variables because happiness is seen as an indicator for population mental health, it fosters altruistic behaviour and generally mirrors a societies well-being.

Our goal is to raise awareness to the societal impact the pandemic and its measures had.

This will be helpful to increase pandemic-preparedness and may consolidate happiness, as an important aspect in governmental policy decisions.